

UAB Arts in Medicine (AIM) strives to enhance healing and wellness for patients, families, staff and communities through arts and creativity. Started in 2013 as a collaboration between the Alys Stephens Center and UAB Medicine, and founded on evidence-informed practice, AIM is part of a whole-person approach to healthcare that focuses on the mind, body and spirit of both patients of all ages and ability levels and caregivers, with interactive and passive arts experiences, which can include bedside and workshop activities, or performances and visual art installations in public spaces. Through work at UAB Hospital and additional partnerships with St. Vincent's East Behavioral Health and Children's of Alabama, AIM is truly an inclusive program, that has served over 170,000 patients, families and staff across Birmingham. Their reach extends beyond healthcare facilities, too. AIM offers workshops for senior adults in HUD-subsidized independent living facilities and in-person and virtual programs for people with disabilities and chronic illnesses.